## Sexual Health

The World Health Organization defines sexual health as:

"a state of physical, emotional, mental and social well-being in relation to sexuality. Sexual health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, discrimination and violence."

The Center for Health Education and Wellness (CHEW) recognizes that sexual health decisions are very important. If you have any questions, visit CHEW on the second floor of the Student Health Center or email Dr. Kayley McMahan (Dr. Mac), the Interpersonal Wellness & Sexual Health Coordinator, at kdmcmahan@utk.edu.

For more information about sexual health, scan the QR code to review our website and a list of helpful online resources.

